

Dr. Kayla Scamaldo

Employment

2024-2026 **Postdoctoral Research Scientist**
Kent State University, Kent, OH
Department of Psychology
Supervisor: Karin Coifman, Ph.D.

Education

2023-2024 **Predoctoral Internship in Clinical Psychology**
Charlie Norwood Veterans Affairs Medical Center
Augusta University/Medical College of Georgia-Charlie Norwood Veterans
Affairs Medical Center Consortium (APA-Accredited), Augusta, GA
Supervisors: James R. Monroe, Ph.D. & Katrina Speed, Ph.D.

2019-2024 **Doctor of Philosophy**
University of Toledo, Toledo, OH
Clinical Psychology (APA-Accredited)
Minor: Quantitative Psychology
Dissertation: *The Role of sleep disturbance in the associations between
borderline personality disorder pathology and dysregulated emotions and
behaviors.*
Advisor: Jason Rose, Ph.D.
GPA: 4.0

2017-2019 **Master of Arts**
Cleveland State University, Cleveland, OH
Clinical Psychology
Master's Thesis: *Do borderline personality disorder features predict emotion
regulation use and outcomes in daily life? An ecological momentary
assessment study.*
Advisor: Ilya Yaroslavsky, Ph.D.
GPA: 4.0

2013-2017 **Bachelor of Arts**
Cleveland State University, Cleveland, OH
Major: Psychology
Minor: Sociology
Honor's Thesis: *Antisocial personality disorder symptoms predict deficits in
BIS/BAS activation in response to reward and punishment.*
Advisor: Ilya Yaroslavsky, Ph.D.
GPA: 3.84

Peer Reviewed Publications

Papers in preparation:

Scamaldo, K. M., Boring, B., Gunstad, J., & Coifman, K. G. (2025). Why can't I sleep? The role of pain catastrophizing and neuroticism traits in sleep disturbance after traumatic events [Manuscript in preparation]. Department of Psychology, Kent State University.

Scamaldo, K. M., Dhaher, S., Gunstad, J., & Coifman, K. G. (2025). Traumatic brain injury vs. sleep apnea: The unexpected predictor of emotion regulation after trauma exposure [Manuscript in preparation]. Department of Psychology, Kent State University.

Scamaldo, K. M., & Coifman, K. G. (2025). Expecting the worst? How self-perceived sleep reactivity links neuroticism traits and sleep disturbance [Manuscript in preparation]. Department of Psychology, Kent State University.

Scamaldo, K. M., Tull, M. T., & Gratz, K. L. (2025). Sleep-related worry contributes to the association between borderline personality disorder pathology and sleep disturbance [Manuscript in preparation]. Department of Psychology, University of Toledo.

Published papers:

Gratz, K. L., Richmond, J. R., **Scamaldo, K. M.,** Edmonds, K. A., Rose, J. P., & Tull, M. T. (2023). Impact of borderline personality disorder symptoms and social media addiction on COVID-19 coping and health related outcomes. *International Journal of Cognitive Therapy*. <https://doi.org/10.1007/s41811-023-00183-z>

Scamaldo, K. M., Edmonds, K. A., Rose, J. P., Tull, M. T., & Gratz, K. L. (2023). The prospective relations of substance use frequency to social distancing behaviors and intentions during the COVID-19 pandemic: The role of social distancing self-efficacy. *Journal of Behavioral Medicine*, 46, 483-488. <https://doi.org/10.1007/s10865-022-00355-w>

Rose, J. P., Edmonds, K. A., Aspiras, O., Kumar, M., **Scamaldo, K. M.,** Richmond, J. R., Tull, M. T., & Gratz, K. L. (2023). The impact of stay-at-home orders on vulnerability assessments and precautionary intentions during a pandemic. *Psychology, Health, & Medicine*, 28, 1368-1379. <https://doi.org/10.1080/13548506.2021.2023750>

Scamaldo, K. M., Tull, M. T., & Gratz, K. L. (2022). The role of sleep disturbance in the associations of borderline personality disorder symptom severity to nonsuicidal self-injury and suicide risk among patients with substance use disorders. *Personality and Mental Health*, 16, 59-69. <https://doi.org/10.1002/pmh.1526>

Gratz, K. L., Richmond, J. R., Woods, S. E., Dixon-Gordon, K. L., **Scamaldo, K. M.,** Rose, J. P., & Tull, M. T. (2021). Adherence to social distancing recommendations throughout the COVID-19 pandemic: The roles of pseudoscientific beliefs, trust, political party affiliation, and risk perceptions. *Annals of Behavioral Medicine*, 55, 399-412. <https://doi.org/10.1093/abm/kaab024>

Gratz, K. L., **Scamaldo, K. M.,** Vidaña, A. G., Richmond, J. R., & Tull, M. T. (2021). Prospective interactive influence of financial strain and emotional nonacceptance on problematic alcohol use during the COVID-19 pandemic. *The American Journal of Drug and Alcohol Abuse*, 47, 107-116. <https://doi.org/10.1080/00952990.2020.1849248>

Scamaldo, K. M., Tull, M. T., & Gratz, K. L. (2021). Motives for opioid use explain the relation between borderline personality disorder pathology and opioid use. *Psychiatry Research*, 296, 113609. <https://doi.org/10.1016/j.psychres.2020.113609>

Gratz, K. L., Tull, M. T., Richmond, J. R., Edmonds, K. A., **Scamaldo, K. M.,** & Rose, J. P. (2020). Thwarted belongingness and perceived burdensomeness explain the associations of COVID-19 social and economic consequences to suicide risk. *Suicide and Life-Threatening Behavior*, 50, 1140-1148. <https://doi.org/10.1111/sltb.12654>

Tull, M. T., Barbano, A. C., **Scamaldo, K. M.,** Richmond, J. R., Edmonds, K. A., Rose, J. P., & Gratz, K. L. (2020). The prospective influence of COVID-19 affective risk assessments and intolerance of uncertainty on later dimensions of health anxiety. *Journal of Anxiety Disorders*, 75, 102290. <https://doi.org/10.1016/j.janxdis.2020.102290>

Tull, M. T., Edmonds, K. A., **Scamaldo, K. M.,** Richmond, J. R., Rose, J. P., & Gratz, K. L. (2020). Psychological outcomes associated with stay-at-home orders and the perceived impact of COVID-19 on daily life. *Psychiatry Research*, 289, 113098. <https://doi.org/10.1016/j.psychres.2020.113098>

Oral Paper Presentations

Scamaldo, K. M., Myntti, W., Rose, J. P., Tull, M. T., & Gratz, K. L. (2022, April). *The moderating role of relationship social comparison in the association between borderline personality pathology and relationship instability*. Oral paper presented at the Annual Research Showcase at the University of Toledo, Toledo, OH.

Scamaldo, K. M., & Yaroslavsky, I. (2021, April). *Do borderline personality disorder features predict emotion regulation use and outcomes in daily life? An ecological momentary assessment study*. Oral paper presented at the 9th Annual North American Society for the Study of Personality Disorders conference.

Bush, A., Napolitano, S., **Scamaldo, K.,** Basting, E., Bolla, P. & Yaroslavsky, I. (2019, April). *Parenting practices affective dynamics in parent-child relationships*. Oral paper presentation at the 91st Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Bush, A., **Scamaldo, K.** & Goncy, L. (2019, April). *Binge-drinking moderates the relationship between dating abuse victimization and perpetration*. Oral paper presented at the 91st Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Dunn, C. B., **Scamaldo, K.,** Sisk, S., & Yaroslavsky, I. (2019, April). *Maladaptive and substance use emotion regulation predicting problematic substance use*. Oral paper presented at the 91st Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Scamaldo, K., Napolitano, S., Bush, A., & Yaroslavsky, I. (2019, April). *Sexual orientation predicts increased substance use to attenuate distress*. Oral paper presented at the 91st annual meeting of the Midwestern Psychological Association, Chicago, IL.

Sisk, S., **Scamaldo, K.,** & Yaroslavsky, I. (2019, April). *Depression severity and instructed emotion regulation outcomes in depressed adults*. Oral paper presented at the 91st Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Bush, A., **Scamaldo, K.**, & Yaroslavsky, I. (2018, April). *Emotion regulation mediates the effects of abuse on stress-depression dynamics*. Oral paper presented at the 90th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Napolitano, S., **Scamaldo, K.**, & Yaroslavsky, I. (2018, April). *Borderline personality disorder predicts impaired emotion regulation in daily life*. Oral paper presented at the 90th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Napolitano, S., **Scamaldo, K.**, & Yaroslavsky, I. (2018, April). *Impaired attentional processes predict current depressive symptomology*. Oral paper presented at the 90th annual meeting of the Midwestern Psychological Association, Chicago, IL.

Scamaldo, K., Falck, J., & Yaroslavsky, I. (2018, April). *Sex moderates the relationship between depression and positive affect*. Oral paper presented at the 90th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Scamaldo, K., Napolitano, S., & Yaroslavsky, I. (2018, April). *Borderline personality disorder symptoms uniquely predict substance use in daily life*. Oral paper presented at the 90th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Scamaldo, K., Napolitano, S., & Yaroslavsky, I. (2018, April). *Negative and positive affectivity distinguishes depression from borderline personality disorder*. Oral paper presented at the 90th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Scamaldo, K., Bodenbender, B., Vebares, T., Scott, L., & Yaroslavsky, I. (2017, April). *Personality and physiologic links between BPD and daily substance use*. Oral paper presented at the 89th Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Poster Presentations

Scamaldo, K. M., & Coifman, K. G. (2025). *Can sleep disturbance differentiate recovery from chronic disruption? A comparison of self-report vs. actigraphy indicators*. Poster presented to the Society for Research and Psychopathology Annual Meeting, Los Angeles, LA.

Dhaher, S., **Scamaldo, K. M.**, Gunstad, J., & Coifman, K. G. (2025). *Traumatic brain injury vs. sleep apnea: The unexpected predictor of emotion regulation after trauma exposure*. Poster presented at the Society for Research and Psychopathology Annual Meeting, Los Angeles, LA.

Scamaldo, K. M., & Coifman, K. G. (2025). *Why can't I sleep? The role of pain catastrophizing and neuroticism traits in sleep disturbance after traumatic events*. Poster presented at the International Society for Traumatic Stress Studies 41st Annual Meeting, Baltimore, MD.

Scamaldo, K. M., & Coifman, K. G. (2025). *Examining the bidirectional associations between personality traits and sleep disturbance*. Poster presented at the 97th Annual Convention of the Midwestern Psychological Association, Chicago, IL.

Scamaldo, K. M., Myntti, W., Rose, J. P., Tull, M. T., & Gratz, K. L. (2022, November). *The moderating role of relationship social comparison in the association between borderline personality pathology and relationship instability*. Poster presented at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York City, NY.

Scamaldo, K. M., Tull, M. T., & Gratz, K. L. (2021, November). *Factors that contribute to the relationship between borderline personality disorder pathology and reward responsiveness*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

Scamaldo, K. M., Tull, M. T., & Gratz, K. L. (2021, November). *Nonacceptance and avoidance of positive emotions account for the association of borderline personality disorder symptoms to anhedonia*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

Vidana, A. G., Barbano, A. C., **Scamaldo, K. M.,** Tull, M. T., & Gratz, K. L. (2021, November). *Posttraumatic stress disorder symptom severity and substance use risk during romantic conflict: The roles of emotion regulation difficulties and communication*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

Scamaldo, K. M., Tull, M. T., & Gratz, K. L. (2020, November). *Motives for opioid use explain the relation between borderline personality disorder pathology and opioid use problems*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Scamaldo, K. M., Tull, M. T., & Gratz, K. L. (2020, November). *The role of sleep quality in the relations of borderline personality disorder symptom severity to nonsuicidal self-injury and suicide risk among patients with substance use disorders*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Herman, M., **Scamaldo, K.,** & Goncy, E. (2019, November). *The moderating effect of trait forgiveness on the relationships between dating abuse and attitudes toward violence*. Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Scamaldo, K., Herman, M., Bush, A., & Goncy, E. (2019, November). *Mediating role of negative affect on the relationship between anxious attachment style and trait forgiveness*. Poster presented at the 53rd Annual Convention of the Association for Behavioral Cognitive Therapies, Atlanta, GA.

Scamaldo, K., Napolitano, S., & Yaroslavsky, I. (2019, November). *The impact of interpersonal context on substance use in daily life for individuals with borderline personality disorder symptoms*. Poster presented at the 53rd Annual Convention of the Association for Behavioral Cognitive Therapies, Atlanta, GA.

Scamaldo, K., & Yaroslavsky, I. (2019, November). *Borderline personality disorder symptoms and emotion regulation flexibility in daily life*. Poster presented at the 53rd Annual Convention of the Association for Behavioral Cognitive Therapies, Atlanta, GA.

Bolla, P., **Scamaldo, K.,** Oravec, K., & Yaroslavsky, I. (2018, November). *Trait rumination and substance use independently predict depressive symptoms*. Poster presented at the 52nd Annual Convention of the Association for Behavioral Cognitive Therapies, Washington, DC.

Bush, A., **Scamaldo, K.**, & Yaroslavsky, I. (2018, November). *From childhood abuse to aggression in adulthood: a mechanistic test of depression and ER failure*. Poster presented at the 52nd annual convention of the Association for Behavioral Cognitive Therapies, Washington, DC.

Jaworski, K., **Scamaldo, K.**, Yaroslavsky, I., (2018, November). *Impact of alcohol use on emotional inertia and depression*. Poster presented at the 52nd annual convention of the Association for Behavioral Cognitive Therapies, Washington, D.C.

Bush, A., **Scamaldo, K.**, Oravec, K., & Yaroslavsky, I. (2018, May). *Maladaptive emotion regulation mediates the relationship between abuse histories and adverse effects of stress on depression symptoms*. Poster presented at the 30th Association for Psychological Science Annual Convention, San Francisco, CA.

Bush, A., **Scamaldo, K.**, & Yaroslavsky, I. (2018, May). *Substance use as a maladaptive coping strategy for individuals who have experienced abuse*. Poster presented at the 30th Association for Psychological Science Annual Convention, San Francisco, CA.

Oravec, K., Bush, A., **Scamaldo, K.**, Tokar, Z., & Yaroslavsky, I. (2018, January). *Sex moderates the relationship between excessive reassurance seeking and depression symptoms*. Poster presented at the 30th Association for Psychological Science Annual Convention, San Francisco, CA.

Napolitano, S., **Scamaldo, K.**, Najjar, K., & Yaroslavsky, I. (2017, November). *Blunted positive affectivity differentiates borderline personality disorder and depression*. Poster presented at the 51st Annual Meeting of the Association of Cognitive and Behavioral Therapies.

Napolitano, S., **Scamaldo, K.**, Najjar, K., & Yaroslavsky, I. (2017, November). *Evaluating the effect of borderline personality disorder symptoms on emotion regulation strategies*. Poster presented at the 51st Annual Meeting of the Association of Cognitive and Behavioral Therapies, San Diego, CA.

Scamaldo, K., Bodenbender, B., Vebares, T., Scott, L., & Yaroslavsky, I. (2017, November). *Parasympathetic nervous system deficits differentiate borderline and antisocial personality disorders*. Poster presented at the 51st annual convention of the Association for Behavioral Cognitive Therapies, San Diego, CA.

Scamaldo, K., Napolitano, S., Bodenbender, B., & Yaroslavsky, I. (2017, November). *Sympathetic nervous system arousal and executive functioning in antisocial personality disorder symptoms*. Poster presented at the 51st annual convention of the Association for Behavioral Cognitive Therapies, San Diego, CA.

Reitman, M., **Scamaldo, K.**, Bodenbender, B., & Yaroslavsky, I. (2017, May). *Winning predicts asynchronous change in negative affect and respiratory sinus arrhythmia*. Poster presented at the 29th Annual Convention of the Association of Psychological Science, Boston, MA.

Scamaldo, K., & Yaroslavsky, I. (2017, April). *Differentiating behavioral and autonomic patterns in antisocial and borderline personality disorder*. Poster presented at the Annual Research Day at Cleveland State University, Cleveland, OH.

Scamaldo, K., & Yaroslavsky, I. (2017, April). *An objective look at the relationship between borderline personality disorder symptoms and affect during social interactions in daily*

life. Poster presented at the 5th Annual North American Society for the Study of Personality Disorders conference, New York, NY.

Vebares, T., Stepp, S.D., Bodenbender, B., **Scamaldo, K.**, Yaroslavsky, I., & Scott, L.N. (2017, April). *Effects of cardiac autonomic reactivity and borderline personality disorder symptoms on affective experiences in daily life*. Poster presented at the 5th Annual North American Society for the Study of Personality Disorders conference, New York, NY.

Scamaldo, K., Richmond J., & Yaroslavsky, I. (2016, October). *Cyberball and rejection sensitivity in relation to borderline personality disorder*. Poster presented at the 50th annual convention of the Association for Behavioral Cognitive Therapies, New York, NY.

Diamond, C., **Scamaldo, K.**, Strumbel, B., Vebares, T., Bertsch, S., & Yaroslavsky, I. (2016, May). *Impulsivity and gender differences in pleasure gained from interpersonal aggression*. Poster presented at the 88th annual convention of the Midwestern Psychological Association conference, Chicago, IL.

Scamaldo, K., & Yaroslavsky, I. (2016, April). *Antisocial personality disorder symptoms predict deficits in BIS/BAS activation in response to reward and punishment*. Poster presented at the Annual Research Day at Cleveland State University, Cleveland, OH.

Grants

“Differentiating behavioral and autonomic patterns in antisocial and borderline personality disorders”

Principal Investigators: Ilya Yaroslavsky, Ph.D., Kayla M. Scamaldo, M.A.

Agency: Cleveland State University

Type: Department of Psychology Undergraduate Research Grant

Period: 9/1/2016-8/1/2017

Amount: \$1,000.00

“A Prospective examination of the role of sleep disturbance in dysregulated emotions and behaviors among individuals with borderline personality disorder pathology”

Principal Investigator: Kayla M. Scamaldo, M.A.

Agency: University of Toledo

Type: Department of Psychology Meritorious Research Grant

Period: 3/5/2021-12/20/2022

Total Direct Costs: \$17,000.00

Awards

2014, 2016 President’s Award

2017 Psychology Outstanding Senior Award

2019 Department of Psychology Competitive Travel Award

Teaching Experience

Instructor of Record (Undergraduate Level)

Department of Psychology
Kent State University
Course: Psychological Disorders of Childhood and Adolescence
Fall 2025

Group Supervisor

Department of Psychology
Kent State University
Course: Group Supervision
Fall 2024 & Spring 2025

Teaching Assistant (Graduate Level)

Department of Psychology
University of Toledo
Course: Psychology 101
Spring 2023
Instructor of record: Stephen Christman, Ph.D.

Teaching Assistant (Graduate Level)

Department of Psychology
University of Toledo
Course: Foundations of Psychotherapy II
Spring 2021
Instructors of record: Matthew T. Tull, Ph.D., Sarah Francis, Ph.D., Wesley Bullock, Ph.D.,
Joni Mihura, Ph.D.

Teaching Assistant (Graduate Level)

Department of Psychology
University of Toledo
Course: Foundations of Psychotherapy I
Fall 2020
Instructors of record: Matthew T. Tull, Ph.D., Sarah Francis, Ph.D., Wesley Bullock, Ph.D.,
Joni Mihura, Ph.D.

Teaching Assistant (Undergraduate Level)

Tutoring, Academic and Success Center
Cleveland State University
Course: First-Year Writing
Summer 2017
Instructor of record: John Brentar, M.A.
Supervisor: Chrissy Knapke, M.A.

Teaching Assistant (Undergraduate Level)

Tutoring, Academic and Success Center
Cleveland State University

Course: Developmental Mathematics
Summer 2017
Instructor of record: Ellen Mulqueeney, Ph.D.
Supervisor: Chrissy Knapke, M.A.

Teaching Assistant (Undergraduate Level)

Tutoring, Academic and Success Center
Cleveland State University
Course: Introduction to University Life
Spring and Fall 2017
Instructor of record and supervisor: Claudia Lilie, M.Ed.

Invited Workshops and Lectures

Scamaldo, K. M. (2025, November). *Assessment of Borderline Personality Disorder: Implications for Diagnosis, Treatment, and Prognosis*. Invited to give didactic lecture for the internship cohort at the Augusta Veterans Affairs Healthcare System, Augusta, GA.

Scamaldo, K. M. (2024, September). *Assessing and Diagnosing Borderline Personality Disorder among Veterans*. Invited didactic lecture for the internship cohort at the Augusta Veterans Affairs Healthcare System, Augusta, GA.

Scamaldo, K. M. (2023, September). *Suicide Awareness and Prevention*. Invited workshop for the Suicide Prevention Program at the Charlie Norwood Veterans Affairs Medical Center, Augusta, GA.

Scamaldo, K. M. (2022, October). *Physiological Indices of Emotion Regulation*. Invited lecture for the Science of Emotion course at the University of Toledo, Toledo, OH.

Ad Hoc Reviewer

Biological Psychology
Psychiatry Research
Suicide and Life-Threatening Behavior

Professional Memberships

Association for Behavioral Cognitive Therapies
International Society for the Study of Traumatic Stress
Midwestern Psychological Association
North American Society for the Study of Personality Disorders
Society for Research in Psychopathology

Completed Trainings and Workshops

Latent Growth Mixture Modeling

Kent State University

August 12th and 15th, 2025

Trainer: David Disabato, Ph.D., from Baldwin Wallace University

Longitudinal Structural Equation Modeling

SMART Workshops, University of Michigan

May 14th-16th, 2025

Trainer: Aidan Wright, Ph.D.

Cognitive Processing Therapy

Charlie Norwood Veterans Affairs Medical Center

October 23rd and 24th, 2023

Trainers: James R. Monroe, Ph.D., Rachel Levine, Ph.D.

Leadership Experience

Social Chair

Augusta University/Medical College of Georgia-Charlie Norwood Veterans Affairs Medical Center Consortium, Augusta, GA

July 2023-July 2024

Advisors: Katrina Speed, Ph.D., Christopher Drescher, Ph.D.

Intern Representative to the Psychology Training Committee

Augusta University/Medical College of Georgia-Charlie Norwood Veterans Affairs Medical Center Consortium, Augusta, GA

July 2023-July 2024

Advisor: Katrina Speed, Ph.D.

President

Psi Chi International Honor Society of Psychology

Cleveland State University, Cleveland, OH

Fall 2017-Spring 2018

Advisors: Elizabeth Goncy, Ph.D., Brian Woodside, Ph.D.

Clinical Experience

2024 – Current

Postdoctoral Therapist

Kent State University Psychology Clinic, Kent, OH

Supervisor: Alanna Updegraff, Ph.D.

2024 – 2025

Assistant Clinic Director and Group Supervisor

Kent State University Psychology Clinic, Kent, OH

Supervisor: Alanna Updegraff, Ph.D.

2023 – 2024

Predoctoral Intern Volunteer

University of Augusta Equality Clinic, Augusta, GA

Supervisors: Tracy Casanova, Ph.D., Matthew Kridel, Ph.D., Jessica Britt-Thomas, Ph.D.

2023 – 2024

Psychology Intern

Charlie Norwood Veterans Affairs Medical Center, Augusta, GA
Supervisors: James R. Monroe, Ph.D. & Katrina Speed, Ph.D.

2021 – 2023

Psychology Extern

University of Toledo Psychology Clinic and the University of Toledo Medical Center, Toledo, OH
Supervisors: Matthew T. Tull, Ph.D., Jason Levine, Ph.D., Thomas Fine, LPCC-S, M.A., Mary Haines, Ph.D., Michelle Babcock, Psy.D.

2020 – 2023

Student Therapist

University of Toledo Psychology Clinic, Toledo, OH
Supervisors: Jason Levine, Ph.D., Joni Mihura, Ph.D., Gregory Meyer, Ph.D., Wesley Bullock, Ph.D., Matthew T. Tull, Ph.D.

2019

Individual Therapist and Group Leader

Charak Center for Health and Wellness, Elyria, OH
Supervisor: Ann Marie Yezzi-Shareef, Ph.D.

2018 – 2019

Psychology Extern

Charak Center for Health and Wellness, Elyria, OH
Supervisor: Ann Marie Yezzi-Shareef, Ph.D., Joel Paris, Ph.D.

2017 – 2019

Research Clinical Interviewer

Cleveland State University, Mood and Emotion Regulation Lab, Cleveland, OH
Supervisors: Ilya Yaroslavsky, Ph.D., Christopher France, Ph.D.